METALFORM

TRAINING ANYTIME, ANYWHERE





COURSE LIST WITH HOURS



Eliminate the Skills Gap with METALFORM EDU



The future of the metalforming industry will rely on your ability to be adaptable, flexible and innovative in today's rapidly changing market. You've told us that the largest challenge in our industry is attracting and retaining skilled, technical roles. PMA can help. Taking a proactive approach to training with **METALFORM EDU** equips your current and incoming employees with the ability to skill, reskill or upskill fast! For new employees, they can move from the "door to floor" with the knowledge in record time.

Designed to help you competently train your employees in a one-stop shop, **METALFORM EDU** provides access to more than 845 unique, industry-specific courses and foundational skill lessons specifically for the metalforming industry at your fingertips. Metalforming, precision measurement, blueprint reading, SPC, CNC, Six Sigma, lean manufacturing, safety, foundational skills and more are all readily available to help your employees thrive.

PMA made a significant investment in developing modern online courses, in partnership with adult learning and development experts, and instructional designers. All courses include a study guide, interactive content with narration, simulations and activities, and a final graded assessment. PMA also ensured that our technical courses are aligned with the appropriate NIMS Skills Standards.

METALFORM EDU includes access to PMA-exclusive content on die protection, die setting, metal spinning, press brake operations, press shop operations, lockout tagout and lubrication technology. PMA's subject matter experts created these more than 60 courses specifically for the metalforming industry.

Train, reskill or upskill with METALFORM EDU!



METALFORM EDU COURSE LIST



Training Hours

PRESS SHOP OPERATIONS	Iraining Hours
Press Operator	
PMA-1001 / PMA-1001-ES Introduction to Metal Stamping	0.9
PMA-1001 / PMA-1001-ES Introduction to Metal Stamping	0.9
PMA-1002 / PMA-1002-ES Stamping Presses	0.9
PMA-1003 / PMA-1003-ES Press Specifications	0.9
PMA-1004 / PMA-1004-ES Press Controls	0.9
PMA-1005 / PMA-1005-ES Modes of Operation	0.8
PMA-1006 / PMA-1006-ES Safeguarding	0.9
PMA-1007 / PMA-1007-ES Die Assembly Components	1.3
PMA-1008 / PMA-1008-ES Basic Die Operations	1.1
PMA-1009 / PMA-1009-ES Indicators of Improper Die Operations	0.9
PMA-1010 / PMA-1010-ES Operating the Stamping Press	1. 1
PMA-1011 / PMA-1011-ES Operating Coil-Fed Automatic Press Lines	1. 1
PMA-1012 / PMA-1012-ES Safe Coil Handling	1.2
PMA-1013 / PMA-1013-ES Loading Coils	1.1
PMA-1014 / PMA-1014-ES Straightening the Coil	1.3
PMA-1015 / PMA-1015-ES Feeding the Coils	1.6
PMA-1016 / PMA-1016-ES Dimensional Measuring	1.0
PMA-1017 / PMA-1017-ES Attribute Gaging and Checking Fixtures	0.8
PMA-1018 / PMA-1018-ES Standardized Inspection Methods and SPC	0.5
DIE SETTERTRAINING Die Setter	
PMA-2001 / PMA-2001-ES Die Fastening and Clamping Systems	0.8
PMA-2002 / PMA-2002-ES Removing the Die Assembly	0.8
PMA-2003 / PMA-2003-ES Press Shut Height	0.8
PMA-2004 / PMA-2004-ES Die Assembly Installation	0.7

METALFORM TRAINING ANYTIME, ANYWHERE DU	Training Hours
PMA-2005 / PMA-2005-ES Setting Up Uncoiling and Straightening Equipment	0.8
PMA-2006 / PMA-2006-ES Air-Operated Slide Feeds	0.8
PMA-2007 / PMA-2007-ES Grip Feeds	0.7
PMA-2008 / PMA-2008-ES Servo Roll Feeds	0.8
PMA-2009 / PMA-2009-ES Mechanical Roll Feeds	0.9
PMA-2010 / PMA-2010-ES Threading the Die	0.7
PMA-2011 / PMA-2011-ES Preparing the Press for Production	0.8
PMA-2012 / PMA-2012-ES Trial Stamping-First Piece Approval	0.8
PRESS BRAKE OPERATIONS Press Brake Operations	
PMA-3001 Press Brakes	0.6
PMA-3002 Press Brake Tooling	0.6
PMA-3003 Press Brake Axes	0.6
PMA-3004 Press Brake Gaging	0.6
PMA-3005 Press Brake Safety	0.6
PMA-3006 Press Brake Safeguarding	0.6
PMA-3007 Press Brake Controls and Proper Handling	0.6
PMA-3008 Press Brake Satrtup and Shutdown	0.6
PMA-3009 Press Brake Indicators of Improper Operation	0.6
PMA-3010 Press Brake Measuring Devices	0.6
PMA-3011 Press Brake Teardown	0.6
PMA-3012 Press Brake Setup	0.6
LOCKOUT TAGOUT Press Shop Safety	
PMA-LOT01 /PMA -LOT01-ES Introduction to Lockout Tagout	0.8



METALFORM TRAINING ANYTIME, ANYWHERE DU	Training Hours
METAL SPINNING	
METAL SPINNING	
PMA-4001 Introduction to Metal Spinning	1.0
PMA-4002 Operating the Spinning Machine	1.4
DIE PROTECTION	
DIE PROTECTION	
PMA-5001 Die Protection	0.6
PMA-5002 Die Sensors	0.6
PMA-5003 Sensor Applications	0.6
PMA-5004 Sensor Settings	0.6
PMA-5005 Troubleshooting	0.6
ECONOMICS	
ECONOMICS	
PMA-ECON1 Economics at Home and at Work	1.2
PMA-ECON2 Business and Profitability	1.1
PMA-ECON3 Competition	0.9
LUBRICATION TECHNOLOGY	
LUBRICATION TECHNOLOGY	
PMA-LUB01 Introduction to Metalforming Lubrication	0.4
PMA-LUB02 Lubricant Components and Additives	0.4
PMA-LUB03 Straight Oil Lubricants	0.4
PMA-LUB04 Water-Miscible Lubricants	0.4
PMA-LUB05 Synthetic Lubricants	0.4
PMA-LUB06 Lubricant Ratios	0.4
PMA-LUB07 Lubricant Selection	0.4

TRAINING ANYWHERE DU	Training Hours
PMA-LUB08 Lubricant Application	0.4
PMA-LUB09 Lubricant Safety	0.4
PMA-LUB10 Troubleshooting Lubrication Issues	0.4
GENERAL COURSES	
ADDITIVE MANUFACTURING	
Additive Manufacturing	
ADM-1002 Introduction to 3D Metal Printing	0.9
ADM-1003 Introduction to Power Bed Fusion	1.0
ADM-1004 Introduction to Binder Jetting	1.0
ADM-1005 Introduction to Directed Energy Deposition	1.0
ADM-1006 Introduction to Bound Metal Deposition	0.9
AEROSPACE MANUFACTURING	
Aircraft Familiarization	
AER-1001 The History of Aviation	1.3
AER-1002 Primary Assemblies of an Aircraft	1.2
AER-1003 Principles of Flight	1.7
AER-1004 Airplane Control	1.5
AER-1005 Aircraft Configuration	2.0
AER-1006 Aircraft Materials	1.8
AER-1007 Aircraft Construction	2.5
AER-1008 Aircraft Corrosion	1.7
AER-1009 Aircraft Regulations	0.9
Aerospace Sealing and Safety	
AER-2001 Introduction to Sealing	0.8
	PRECISION METALFORMING

METALFORM TRAINING ANYTIME, ANYWHERE DU	Training Hours
AER-2002 Chemical Safety	1.0
AER-2003 Preparing the Surface	1.0
AER-2004 Selecting the Right Sealant	0.9
AER-2005 Applying the Sealant	0.9
Aerospace Electrical Bond and Ground	
AER-2006 Electricity and the Airplane	1.4
Aerospace Wire Bundle Basics	
AER-2007 Wiring in Airplanes	0.8
AER-2008 Wire and Cable Basics	1.5
AER-2009 Wire, Cable, and Wire Bundle Markings	1.0
AER-2010 Circular Connectors and Contacts	1.5
AER-2011 Installing a Connector	1.7
AER-2012 MTC Connectors	0.9
AER-2013 Tying Wire Bundles	1.5
Aircraft Systems	
AER-3001 Flight Control Systems	1.2
AER-3002 Mechanical Systems	1.1
AER-3003 Landing Gear Systems	1.7
AER-3004 Aerospace Hydraulic Systems	1.4
AER-3005 Aerospace Pneumatic Systems	1.2
AER-3006 Electrical Systems	1.2
AER-3007 Propulsion Systems	1.7
AER-3008 Fuel Systems	1.0
ER-3009 Avionics Systems	1.5
AER-3010 Anti-Icing and De-Icing Systems	1.3



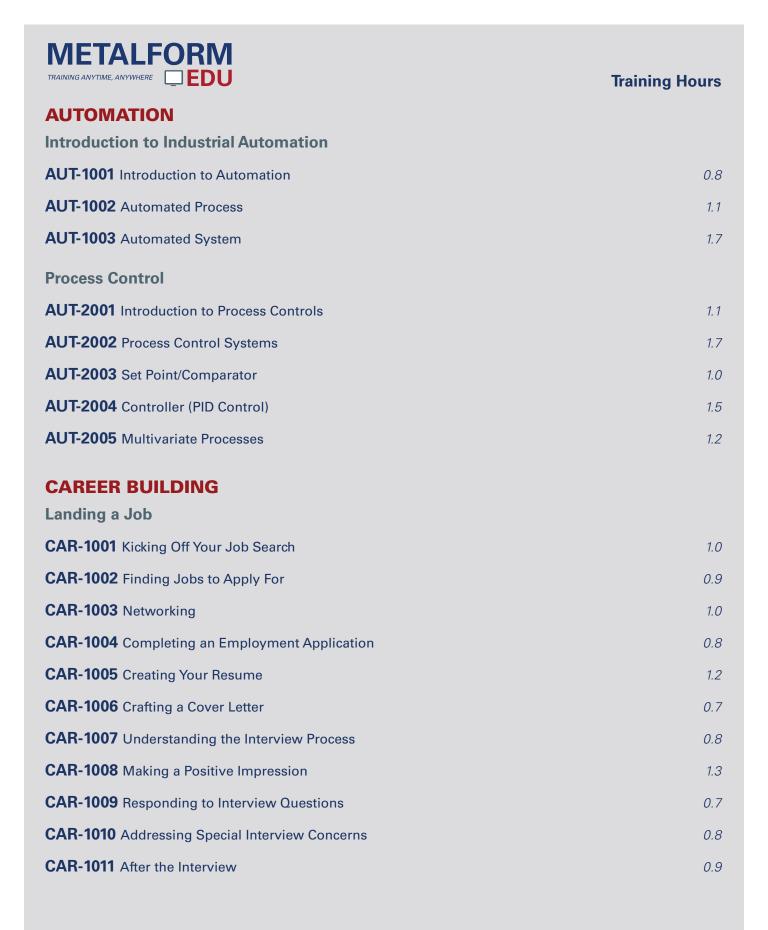
METALFORM	
TRAINING ANYTIME, ANYWHERE	Training Hours
AER-3011 Environmental Systems	1.5
AER-3012 Window and Door Systems	1.2
AER-3013 Commercial Aircraft Structures	1.0
Basic Drilling and Riveting	
AER-4001 Marking Fastener Locations for Drilling Project	0.9
AER-4002 Setting Up the Drill Motor	0.7
AER-4003 Drilling Pilot Holes and Enlarging Holes	1. 1
AER-4004 Deburring	0.9
AER-4005 Driving Protruding Head Rivets	1.1
Installing Advanced Fasteners Project	
AER-4006 Assembly Preparation for Advanced Fasteners Project	1.1
AER-4007 Installing Nut Plates	1.0
AER-4008 Compression Riveting	0.8
AER-4009 Installing Bolts	0.7
AER-4010 Securing Bolts with Lockwire	0.8
Countersinking and Flush Riveting Project	
AER-4011 Marking Fastener Locations for Countersinking and Flush Riveting Project	1.0
AER-4012 Setting Up the Assembly and Drill	0.7
AER-4013 Drilling, Enlarging, and Deburring Holes	1.4
AER-4014 Setting the Countersink Tool (project)	1.4
AER-4015 Countersinking (project)	0.8
AER-4016 Flush Riveting	1.3
90 Degree Drilling Project	
AER-4017 Assembly Preparation for 90 Degree Drilling Project	1.6
AER-4018 Installing 5/16 Inch Hi-Loks	0.9



METALFORM TRAINING ANYTIME, ANYWHERE DU	Training Hours
AER-4019 Installing 3/16 Inch Hi-Loks	0.9
AER-4020 Installing Protruding Head Rivets	0.8
AER-4021 Removing Rivets in the 90 Degree Drilling Project	0.8
AER-4022 Removing 5/16 Inch Hi-Loks	0.7
Drilling Titanium	
AER-4023 Drilling Titanium	2.1
AER-4024 Marking Hole Locations for Drilling Titanium	1.0
AER-4025 Drilling Pilot Holes in Titanium	0.9
AER-4026 Drilling and Enlarging Holes in Row JD2	1.1
AER-4027 Enlarging Row JD7	0.8
AER-4028 Enlarging Rows JD4, JD5, and JD6	0.8
AER-4029 Enlarging Rows JD1 and JD3	1.0
AER-4030 Enlarging Row JD8	0.8
AER-4031 Chamfering	1.0
AER-4032 Edge Breaking and Deburring	1.4
Wing Structure Project	
AER-4033 Tools for Wing Structure Project	1.2
AER-4034 Preparing the Assembly for the Wing Structure Project	1.4
AER-4035 Countersinking and Fillet Relief	1.2
AER-4036 Installing Fasteners	1.4
Fuselage Skin Assembly	
AER-4037 Preparing the Assembly for the Fuselage Skin Assembly	1.1
AER-4038 Drilling the Skin Panels	1.1
AER-4039 Preparing the Doubler	1.0
AER-4040 Countersinking	0.8

METALFORM	
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AER-4041 Assembly Finish and Fastener Installation	1.1
AER-4042 Removing Rivets in the Fuselage Skin Assembly	0.8
Sealant Application Processes Mechanical Project	
AER-4043 Sealing Basics	1.6
AER-4044 Fay and Prepack Sealing	1.6
AER-4045 Fillet and Injection Sealing	1.4
AER-4046 Cap Sealing	1.1
Aerospace Electrical Bond and Ground Project	
AER-4047 Electrical Bond and Ground Introduction	1.1
AER-4048 Pre-Installed Ground Studs	1.4
AER-4049 Electrical Fay Surface Bonds	1.5
AER-4050 Direct Ground Stud	1.4
AER-4051 Fillet Sealing a Ground Stud	0.7
AER-4052 Fay Sealing a Direct Ground Stud	0.9
Aerospace Wire Bundle Installation Project	
AER-4053 Clearance and Separation	0.9
AER-4054 Minimum Bend Radius	1.5
AER-4055 Clamping Wire Bundles - Part One	1.8
AER-4056 Tying Wire Bundles for the Wire Bundle Installation Project	0.9
AER-4057 Project Installation Plan	0.8
AER-4058 Project and Drawing Review	0.8
AER-4059 Pre-routing Wire Bundles	2.2
AER-4060 Clamping Wire Bundles - Part Two	2.7
AER-4061 Torque and Inspection	1.1







METALFORM TRAINING ANYTIME, ANYWHERE DU	Training Hours
CAR-1012 Surviving Your First Day on the Job	0.7
CAR-1013 Turning a Job into a Career	1.1
Personal Branding	
CAR-1014 What is Personal Branding?	0.9
CAR-1015 Define Your Brand	1.0
CAR-1016 Develop Your Brand Messages	1.0
CAR-1017 Implement Your Brand Strategy	1.2
Manufacturing as a Career	
CAR-2001 A Future Worth Exploring	1.0
CAR-2002 Components of Production	0.8
CAR-2003 Credentials and Competencies	1.2
CAR-2004 Career Planning and Resources	1.2
CNC MACHINING	
Introduction To Machining	
CNC-1001 Introduction to Machining	1.5
CNC-1002 Machine Tools	0.8
CNC-1003 CNC Controllers	1.0
CNC-1004 Machining Personnel	0.9
CNC-1005 Facility Layout	1.5
CNC Horizontal Lathe	
CNC-2001 Components of a CNC Lathe	1.2
CNC-2002 Movements of a CNC Lathe	0.9
CNC-2003 Workholding Devices and Tooling for a CNC Lathe	1.0
CNC-2004 The CNC Controller for a CNC Lathe	1.1
CNC-2005 Auxiliary Systems for a CNC Lathe	0.8



METALFORM TRAINING ANYTIME, ANYWHERE DU	Training Hours
CNC Vertical Machining Center	
CNC-2006 Components of a CNC Machining Center	1.2
CNC-2007 CNC Machining Center Movements	0.9
CNC-2008 Workpiece and Tool Holding Devices for a CNC Machining Center	0.9
CNC-2009 The CNC Controller for a CNC Machining Center	1.1
CNC-2010 Auxiliary Systems for a CNC Machining Center	0.8
CNC Machine Lubricants	
CNC-2011 CNC Machine Lubricants	1.1
CNC Horizontal Lathe Applications	
CNC-4001 Maintenance Tasks for a CNC Lathe	0.8
CNC-4002 Power on the CNC Lathe	0.9
CNC-4003 Move the Axes by Rotating the Jog Handle on a CNC Lathe	0.8
CNC-4004 Home the Axes on a CNC Lathe	0.7
CNC-4005 Select a Part Program from Memory on a CNC Lathe	0.7
CNC-4006 Start the Part Program Safely on a CNC Lathe	0.8
CNC-4007 Interrupt Automatic Operation on a CNC Lathe	0.7
CNC-4008 Adjust a Tool Wear Offset on a CNC Lathe	0.7
CNC-4009 Power Off the CNC Lathe	0.7
CNC Lathe Programs	
CNC-4010 CNC Programming Procedure for a CNC Lathe	1.2
CNC-4011 CNC Program Structure for a CNC Lathe	1.0
CNC-4012 CNC Addresses for a CNC Lathe	2.1
CNC-4013 CNC Lathe Commands	1.0
CNC-4014 Organizing a CNC Program for a CNC Lathe	0.8



METALFORM TRAINING ANYTIME, ANYWHERE DU EDU	Training Hours
CNC Vertical Machining Center Applications	
CNC-4015 Maintenance Tasks for a CNC Machining Center	0.7
CNC-4016 Power on the CNC Machining Center	0.9
CNC-4017 Move the Axes by Rotating the Jog Handle on a CNC Machining Center	0.8
CNC-4018 Home the Axes on a CNC Machining Center	0.7
CNC-4019 Select a Part Program from Memory on a CNC Machining Center	0.7
CNC-4020 Start the Part Program Safely on a CNC Machining Center	0.8
CNC-4021 Interrupt Automatic Operation on a CNC Machining Center	0.7
CNC-4022 Adjust a Tool Wear Offset on a CNC Machining Center	0.7
CNC-4023 Power Off the CNC Machining Center	0.7
CNC Machining Center Programs	
CNC-4024 CNC Programming Procedure for a CNC Machining Center	1.2
CNC-4025 CNC Program Structure for a CNC Machining Center	1.0
CNC-4026 CNC Addresses for a CNC Machining Center	2.2
CNC-4027 CNC Machining Center Commands	1.7
CNC-4028 Organizing a CNC Program for a CNC Machining Center	0.8
COMMUNICATION	
Interpersonal Communication	
COM-1001 Introduction to Communication	0.9
COM-1002 Effective Communication	0.9
COM-1003 Verbal Communication	1.0
COM-1004 Written Communication	0.9
COM-1005 Nonverbal Communication	0.7
COM-1006 Listening Skills	1.0
COM-1007 Workplace Communication	0.8



METALFORM TRAINING ANYTIME, ANYWHERE DU	Training Hours
Conflict Resolution	
COM-2001 Understanding Conflict	2.0
COM-2002 Communication Skills	1.8
COM-2003 Managing Conflict	2.3
Technical Writing	
COM-2004 Introduction to Technical Writing	1.1
COM-2005 Successful Documentation	1.1
COMPOSITES	
Introduction To Composites	
CMP-1001 Background and History of Composites	0.7
CMP-1002 Composite Industries and Products	0.8
CMP-1003 Advantages and Disadvantages of Composites	1.1
CMP-1004 Safety and Hazards of Composites	0.8
Composite Manufacturing Facilities	
CMP-1005 Facility Layout	1.1
CMP-1006 Non-controlled Contamination Areas	0.7
CMP-1007 Lay-up Area	0.8
CMP-1008 Curing Area	0.7
Materials Used In Composites Manufacturing	
CMP-2001 Fiber Based Composites	0.9
CMP-2002 Fibers, Tapes and Fabrics	1.1
CMP-2003 Glass and Carbon Fibers	1.2
CMP-2004 Matrix Types and Properties	1.3
CMP-2005 Curing Process	1.1
CMP-2006 Honeycomb Core Materials	0.9

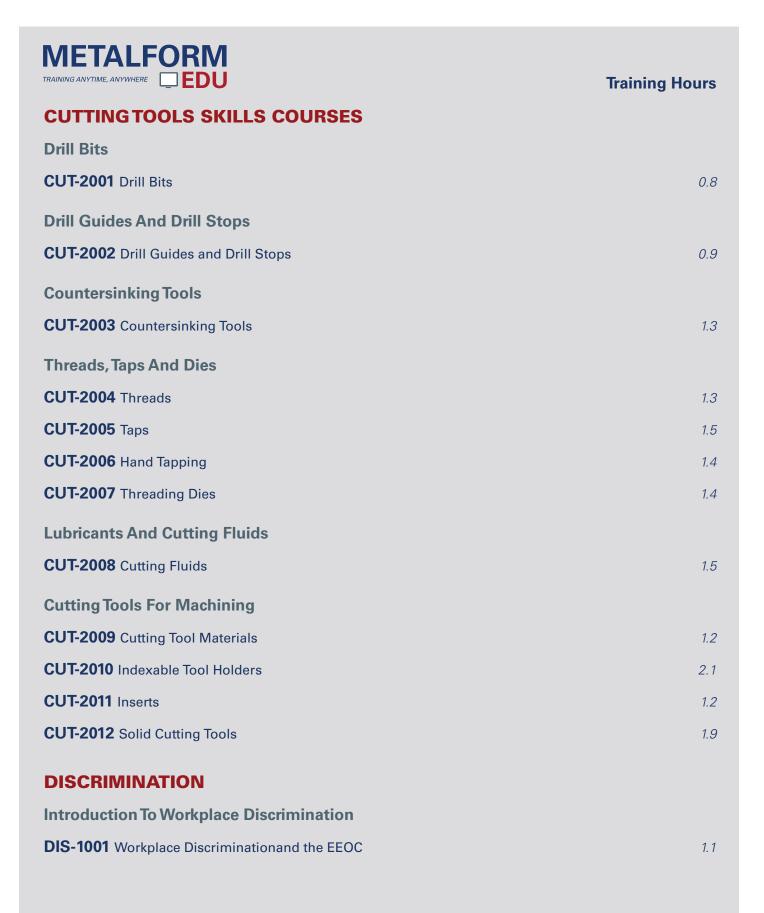


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CMP-2007 Material Compatibility	0.7
CMP-2008 Galvanic Reactivity	0.7
CMP-2009 Core Potting Compounds	0.7
Composite Material Storage	
CMP-2010 Fiber Material Storage	0.9
CMP-2011 Controlled Contamination Areas	0.9
Tools Used In Composite Manufacturing	
CMP-2012 Local Exhaust Ventilation	1.1
CMP-2013 Forming Tools	1.0
CMP-2014 Coefficient of Thermal Expansion	0.7
CMP-2015 Forming Tool Inspection	0.8
CMP-2016 Forming Tool Cleaning	0.9
CMP-2017 Forming Tool Storage	0.7
CMP-2018 Rollers and Sweeps	0.6
CMP-2019 Overhead Laser System	1.0
Composite Material Kitting	
CMP-3001 Kitting with a Sheeter	0.9
CMP-3002 Kitting by Hand	0.8
CMP-3003 Kitting with Automated Machines	0.9
Composite Part Layup And Bagging	
CMP-3004 Ply Balancing	0.9
CMP-3005 Material Splicing	0.8
CMP-3006 Wrinkles and Gaps	0.7
CMP-3007 Pockets and Voids	0.7
CMP-3008 Radius Filler Fabrication by Hand	0.7

METALFORM TRAINING ANYTIME, ANYWHERE DU	Training Hours
CMP-3009 Advanced Bagging	0.7
CMP-3010 Bagging and Lay-up Equipment	1.4
CMP-3011 Preparation for the Lay-up Process	1.1
CMP-3012 Cure Cycle Controllers - Temperature Controls	1.0
CMP-3013 Thermocouple Science	0.7
Inspecting Composite Parts	
CMP-3014 Introduction to Inspection of Composites	1.5
CMP-3015 Visual Inspection for Composites	1.0
CMP-3016 Ultrasonic Inspection for Composites	0.9
CMP-3017 Tap Inspection for Composites	1.2
Inspecting Part Damage And Repair	
CMP-3018 Composite Repairs	1.0
CMP-3019 Aircraft Damage	1. 1
CMP-3020 Damage Assessment	2.8
CMP-3021 Repair Tools and Materials	1.6
Composite Layup Projects	
CMP-4001 Unidirectional 4 Ply Lay-up	1.5
CMP-4002 Carbon 8 Ply Lay-up with Core	1.6
CMP-4003 Fiberglass 6 Ply Wet Lay-up	1.7
Drilling Composites Project	
CMP-4004 Drilling Composite Material	1.6
CMP-4005 Marking Hole Locations	1.0
CMP-4006 Drilling Pilot Holes in Titanium	0.8
CMP-4007 Drilling Row JD3	0.9
CMP-4008 Drilling Row JD7	0.9

METALFORM	
TRAINING ANYTIME, ANYWHERE EDU	Training Hours
CMP-4009 Enlarging Holes in Rows JD1 and JD5	0.8
CMP-4010 Enlarging Holes in Rows JD2 and JD6	1.0
CMP-4011 Enlarging Holes in Row JD4	0.8
Composite Part Damage And Repair Project	
CMP-4012 Surface Damage Assessment	1.1
CMP-4013 Surface Damage Repair	2.1
CMP-4014 Disbonding Damage Assessment	1.2
CMP-4015 Disbonding Damage Repair	2.8
CRITICAL THINKING	
CRI-1001 What is Critical Thinking?	1.2
CRI-1002 The Critial Thinking Process	1.5
CRI-1003 Developing and Evaluating Arguments	1.4
CUSTOMER SERVICE	
Customer Service	
CUS-1001 Focusing on Your Customers	0.8
CUS-1002 Providing Friendly, Courteous and Efficient Service	0.9
CUS-1003 Communicating Effectively with Customers	2.0
CUS-1004 Identifying and Meeting Customer Needs	1.0
CUS-1005 Building Customer Relationships	0.8
CUS-1006 Respecting Diversity in Your Customers	0.8
CUS-1007 Better Serving Customers with Disabilities	1.0
CUS-1008 Dealing with Difficult Customers	1.0
CUS-1009 Responding to Customer Complaints	1.4
CUS-1010 Managing Conflict with Internal Customers	1.5
WRK-1001 Handling Dangerous Workplace Situations	0.9









Training Hours

DIVERSITY

Dc Electricity	
ELE-1012 Direct Current	0.7
ELE-1013 Batteries	0.7
ELE-1014 Circuit Analysis	1.6
Ac Electricity	
ELE-1015 Electromagnetism	1.1
ELE-1016 Ac Waveform Generation	0.7
ELE-1017 Electromagnetic Devices	1.0
ELE-1018 Transformers	0.9
ELE-1019 Capacitors	0.8
Solid State Electricity	
ELE-1020 Semiconductors	0.9
ELE-1021 Solid State Devices	1.4
Introduction To Wiring	
ELE-2001 Wires, Connectors, And Circuit Protection	1.5
ELE-2002 Connecting Transformers	1.2
Introduction To Electric Motors	
ELE-2003 Dc Motors	1.4
ELE-2004 Ac Single-phase Motors	0.7
ELE-2005 Three-phase Ac Motors	0.9
Electrical Connectors	
ELE-2006 Electrical Connectors And Fasteners	1.3



METALFORM TRAINING ANYTIME, ANYWHERE DU EDU	Training Hours
Fiber Optics	
ELE-2007 Fiber Optics And Light	1.9
ELE-2008 Manufacturing Optical Fiber	1. 1
ELE-2009 Fiber Optic Cable	0.9
ELE-2010 Handling Fiber Optic Cable	0.8
ELE-2011 Quality And Safety	0.7
Sensor Technology	
ELE-2012 Introduction To Sensors Technology	1.4
ELE-2013 Sensor Technology	1.2
ELE-2014 Proximity Sensors	1.4
ELE-2015 Position, Speed And Acceleration Sensors	1.7
ELE-2016 Industrial Process Sensors	1.6
ELE-2017 Advanced Sensors	1.6
Electrical Hand Tools	
ELE-2018 Hand Tools For Electrical Wiring	1.5
Electrical Measurement Conversion	
ELE-2019 Electrical Measurement And Unit Conversion	0.9
Electrical Resistance Test Equipment	
ELE-2020 Resistance Test Equipment	0.7
ELE-2021 The Fluke® Multimeter	0.9
ELE-2022 The Biddle® Ohmmeter	0.8
ELE-2023 The Avtron® Ohmmeter	0.7
ELE-2024 The Hewlett Packard® Milliohmmeter	0.8
ELE-2025 The Bcd M1® Ohmmeter	0.9



METALFORM TRAINING ANYTIME, ANYWHERE EDU	Training Hours
Crimping Terminals And Splices	
ELE-4001 Terminals And Splices	1.0
ELE-4002 Crimping	1.5
ELE-4003 Crimping A Terminal	1.3
ELE-4004 Crimping A Pre-insulated Splice	1.6
Assembly Of Coaxial Connectors	
ELE-4005 Coaxial Cable	0.8
ELE-4006 Coaxial Connectors	1.0
ELE-4007 Coaxial Connector Tools	1.3
ELE-4008 Coaxial Connector Assembly	1.7
ENGINEERING DRAWINGS	
Blueprint Reading Fundamentals	
DWG-1001 Introduction To Blueprints	1.7
DWG-1002 Engineering Drawing Terminology	1.5
DWG-1003 Engineering Drawing Views	1.6
DWG-1004 Engineering Drawing Lines	1.3
DWG-1005 Dimensions And Tolerances	2.1
Blueprints And Picture Sheets	
DWG-1006 Aerospace Introduction To Blueprints	1.4
DWG-1007 Blueprint Terminology	1.4
DWG-1008 Blueprint Views	2.0
DWG-1009 Blueprint Lines	1.3
DWG-1010 Blueprint Dimensions And Tolerances	1.6
DWG-1011 Blueprint Symbols	1.6



METALFORM TRAINING ANYTIME, ANYWHERE DU	Training Hours
Advanced Blueprint Reading	
DWG-2001 Geometric Dimensions And Tolerances	1.4
DWG-2002 Assemblies And Fits	1.0
DWG-2003 Threads And Fasteners	1.3
Composites Engineering Drawings And Instructions	
DWG-2007 Engineering Communication	1.5
DWG-2008 Composite Engineering Drawings	1.1
DWG-2009 Work Instructions	1.1
Geometric Dimensioning And Tolerancing	
DWG-3001 Introduction To Gd&t	0.9
DWG-3002 Gd&t Terms And Symbols	1.5
DWG-3003 Rules Of Gd&t	2.0
DWG-3004 Geometric Tolerances	1.6
DWG-3005 Datums	1.4
DWG-3006 Form Tolerances	1.0
DWG-3007 Profile Tolerances	0.9
DWG-3008 Orientation Tolerances	1.2
DWG-3009 Runout Tolerances	0.8
DWG-3010 Location Tolerances	1.2
FASTENERS	
Fasteners	
FAS-2001 Temporary Fasteners	0.8
FAS-2002 Rivets	1.3
FAS-2003 Bolts, Screws, And Washers	0.9
FAS-2004 Threaded Inserts	2.0

METALFORM TRAINING ANYTIME, ANYWHERE DU	Training Hours
FAS-2005 Hi-loks	0.9
FAS-2006 Lockbolts	1.0
FAS-2007 Nut Plates	0.7
FAS-2008 Blind Rivets	0.7
FAS-2009 Identifying Fasteners	1.1
FAS-2010 Fasteners And Fits	1.0
FAS-2011 Securing And Lockwiring Fasteners	1.1
FAS-2012 Torque Tools	1.0
HANDTOOLS	
Hand Tools	
HAN-2001 Files, Hand Reamers, And Lapping Tools	1.2
HAN-2002 Hammers, Punches, And Chisels	0.9
HAN-2003 Pliers And Ratchets	0.8
HAN-2004 Scribes, Optical Center Finders, And Drill Blocks	0.8
HYDRAULICS	
Introduction To Hydraulics	
HYD-1001 Introduction To Hydraulics	1.1
HYD-1002 Hydraulic Theory	1.3
HYD-1003 Hydraulic Fluids	0.9
HYD-1004 Hydraulic Systems	1.4
Components Of A Hydraulic System	
HYD-2001 Hydraulic Actuators	1.1
HYD-2002 Classification Of Hydraulic Valves	2.2
HYD-2003 Hydraulic Piping And Instrumentation	1.0
HYD-2004 Hydroelectric Symbology And Circuits	1.5
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METALFORM TRAINING ANYTIME, ANYWHERE DU	Training Hours
MAC-1002 Introduction To Milling And Drilling	0.8
MAC-1003 Introduction To Turning And Boring	0.7
MAC-1004 Introduction To Grinding	0.7
MANUFACTURING	
Introduction To Manufacturing	
MFG-1001 What Is Advanced Manufacturing?	0.9
MFG-1002 Manufacturing History And Technology	1.0
MFG-1003 From Ideas To Products	0.9
MFG-1004 From Design To Manufacturing	1.1
MFG-1005 Safety, Quality And The Environment In Manufacturing	0.7
MFG-1006 Measuring Success In Manufacturing	0.9
MFG-1007 Careers In Manufacturing	1.1
Engineering Processes	
MFG-1009 The Engineering Process	0.8
MFG-1010 Information Sharing	0.8
Manufacturing Paperwork	
MFG-1011 Airplane Regulations	0.9
MFG-1012 The Production Order	1.0
MFG-1013 The Installation Plan	0.9
MATERIALS	
Metals And Materials	
MAT-2001 Introduction To Metals	1.1
MAT-2002 Ferrous Metals	0.9
MAT-2003 Nonferrous Metals	0.8
MAT-2004 Heat Treatment Of Metals	1.1
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GEO-1011 Transformation Geometry

Training Hours

MATHEMATICS	
Basic Math	
MTH-1001 Introduction To Basic Math	0.7
MTH-1002 Arithmetic Operations	1.4
MTH-1003 Numbers And The Number Line	1.1
MTH-1004 Introduction To Fractions	1. 1
MTH-1005 Working With Fractions	1.4
MTH-1006 Decimal Numbers	1.0
MTH-1007 Positive And Negative Numbers	0.9
MTH-1008 Cartesian Coordinates	0.9
MTH-1009 The Metric System	1.1
MTH-1021 Time	0.7
MTH-1022 Money	0.9
Geometry	
GEO-1001 Introduction To Geometry	0.7
GEO-1002 Basic Building Blocks Of Geometry	0.8
GEO-1003 Angles	0.9
GEO-1004 Lines	0.9
GEO-1005 Polygons	1.1
GEO-1006 Triangles	1.3
GEO-1007 Quadrilaterals	0.9
GEO-1008 Circles	0.9
GEO-1009 Three-dimensional Shapes	1. 1
GEO-1010 Coordinate Geometry	1.2



0.9



Training Hours

MEASUREMENT

MEAGONEWETT	
Precision Measurement Tools	
MEA-2001 Introduction To Precision Instruments	1.1
MEA-2002 Rules	1.1
MEA-2003 Calipers	1.3
MEA-2004 Micrometers	1.9
MEA-2005 Small Hole Gauges	0.8
MEA-2006 Dial Indicators	1.2
MEA-2007 Bore Gauges	1.6
MEA-2008 Height Gauges	1.1
MEA-2009 Go/nogo Gauges	0.9
MEA-2010 Test Indicators	1.1
MEA-2011 Go/nogo Thread Gauges	1.4
MEA-2012 Attribute Gauges	1.0
MEA-2013 Thickness And Radius Gauges	1.0
MEA-2014 Squares And Protractors	1.3
MEA-2015 Surface Roughness Comparators	1.0
MEA-2016 Adjustable Parallels	0.7
MEA-2017 Surface Plates	0.9
MEA-2018 Optical Comparators	0.9
MEA-2019 Optical Center Finders	0.8
Fastener Inspection Gauges	
MEA-2020 Grip Gauges	0.8
MEA-2021 Countersink Gauges	1.3
MEA-2022 Fastener Height Gauges	0.8



METALFORM	
TRAINING ANYTIME, ANYWHERE EDU	Training Hours
MEA-2023 Rivet Inspection Gauges	0.9
MEA-2024 Fastener Inspection Gauges	1.3
MEA-2025 Gap Inspection Gauges	1.7
Weld Inspection Gauges	
MEA-2026 Weld Gauges	2.2
METAL CUTTING	
Metal Cutting	
MTC-1001 Introduction To Abrasive Waterjet Cutting	0.7
MTC-1002 Introduction To Laser Cutting	0.7
MTC-1003 Introduction To Electrical Discharge Machining	0.7
METALWORKING PROCESSES	
Metalworking Processes	
MWP-1001 Introduction To Metalworking Processes	1.0
MWP-1002 Introduction To Bulk Metal Forming	0.8
MWP-1003 Introduction To Rolling	0.7
MWP-1004 Introduction To Forging	0.7
MWP-1005 Introduction To Extruding	0.7
MWP-1006 Introduction To Bar And Wire Drawing	0.7
MWP-1007 Introduction To Sheet Metal Forming	0.8
MWP-1010 Introduction To Roll Forming	0.8
MWP-1011 Introduction To Slide Forming	0.7
MWP-1012 Introduction To Hydroforming	0.8
MWP-1013 Introduction To Tube Forming	1.0
MWP-1014 Introduction To Metal Fabricating	0.9





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METALFORM TRAINING ANYTIME, ANYWHERE DU	Training Hours
Intermediate Word	
MSO-2010 Indenting Text	0.9
MSO-2011 Applying Styles And Themes	1.1
MSO-2012 Working With Tables	1.7
MSO-2013 Working With Images	1.5
MSO-2014 Using Document Layout Options	1.5
MSO-2015 Using Find And Replace	1.2
MSO-2016 Managing Documents	1.2
Basic Microsoft Outlook	
MSO-1006 Getting Started With Outlook	0.9
MSO-1007 Sending Email	1.2
MSO-1008 Receiving Email	1.2
MSO-1009 Changing The Screen Layout	1.1
MSO-1010 Using The Outlook Calendar	1.9
Intermediate Microsoft Outlook	
MSO-2007 Creating And Managing Contacts	1.1
MSO-2008 Using The Task List	1.1
MSO-2009 Printing From Outlook	1.0
MSO-1016 Getting Started With Powerpoint	1.0
NON-DESTRUCTIVE EXAMINATION	
Introduction To Nondestructive Examination Aerospace	
NDE-3001 What Is Nde?	1.0
NDE-3002 The Nde Methods	1.3
NDE-3003 Careers In Nde	1.9





METALFORM TRAINING ANYTIME, ANYWHERE EDU	Training Hours
NDE-3028 Light Meters	1.0
NDE-3029 Part Preparation	0.9
NDE-3030 Technique Selection	1.1
NDE-3031 Magnetizing Currents	1.6
NDE-3032 Sample Examination #1	0.7
NDE-3033 Sample Examination #2	0.7
NDE-3034 Sample Examination #3	0.7
NDE-3035 Sample Examination #4	0.8
NDE-3036 Magnetic Particle Examination Standards	1.5
Introduction To Nondestructive Examination Commercial	
NDE-3037 What Is Nondestructive Examination?	1.0
NDE-3038 The Nde Process	1.2
NDE-3039 Materials	0.8
NDE-3040 Metals Manufacturing And Processes	1.1
NDE-3041 Testing Of Material Properties	3.4
NDE-3042 Loads, Stresses, And Discontinuities	1.3
NDE-3043 Fracture Mechanics	0.9
NDE-3044 Nde Methods	1.9
NDE-3045 Personnel Qualification	0.8
Visual Testing Commercial	
NDE-3046 Introduction To Visual Testing	1.1
NDE-3047 Light	2.6
NDE-3048 Standard Inspection Techniques	1.5
NDE-3049 Visual Testing Equipment	0.6
NDE-3050 Hierarchy Of Product Standards	0.9



METALFORM TRAINING ANYTIME, ANYWHERE DU EDU	Training Hours
NDE-3051 Visual Testing Of Castings	1.0
NDE-3052 Visual Testing Of Rolled Products	0.9
NDE-3053 Visual Testing Of Welds	1.4
NDE-3054 Vt In Industrial Components	1.4
PERSONAL FINANCES	
Personal Finances	
PFI-1001 Compensation	0.9
PFI-1002 Goal Setting	0.9
PFI-1003 Budgeting	0.9
PFI-1004 Banking	1.2
PFI-1005 Credit Cards	1.0
PFI-1006 Loans	1.1
PFI-1007 Credit Reports And Credit Scores	0.9
PFI-1008 Retirement Planning	1.1
PFI-1009 Investing	1.3
PFI-1010 Insurance	1.0
PFI-1011 Taxes	1.1
PFI-1012 Estate Planning	0.8
PFI-1013 Record Keeping	0.9
PNEUMATIC	
Introduction To Pneumatics	
PNE-1001 Introduction To Pneumatics	1.3
PNE-1002 Pneumatic Systems	1.3
PNE-1003 The Properties Of Gases	1.8
PNE-1004 Air Compression And Distribution - Part One	1.9
PNE-1005 Air Compression And Distribution - Part Two	1.5
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METALFORM TRAINING ANYTIME, ANYWHERE DU	Training Hours
Components Of A Pneumatic System	
PNE-2001 Compressed Air Treatment	1.4
PNE-2002 Pneumatic Actuators	2.4
PNE-2003 Directional Control Valves	1.8
PNE-2004 Vacuum Technology	2.1
PNE-2005 Measuring Pneumatic Variables	1.3
Pneumatic Applications	
PNE-3001 Pneumatic Applications	1.8
POWERTOOLS	
Hand Power Tools	
POW-2001 Pistol Grip Drills	0.8
POW-2002 Drilling Techniques	1.1
POW-2003 Winslow Drills	0.7
POW-2004 Compression Riveters	0.9
POW-2005 Rivet Installation Tools	1.1
Stationary Power Tools	
POW-2006 Introduction To Stationary Power Tools	1.0
POW-2007 Disc And Belt Sanders	1.3
POW-2008 Drill Press	1.2
POW-2009 Band Saw	1.2
POW-2010 Arbor Press	1.1
POW-2011 Bench Grinder	1.2
POW-2012 Table Saw	1.6
POW-2013 Operating A Table Saw	1.9



METALFORM TRAINING ANYTIME, ANYWHERE DU	Training Hours
PROBLEM SOLVING	
PRB-1001 Introduction To Problem Solving	1.0
PRB-1002 Developing Your Problem-solving Skills	1.0
PRB-1003 Defining The Problem	0.9
PRB-1004 Identifing Possible Solution	1.3
PRB-1005 Evaluation And Choosing A Solution	0.9
PRB-1006 Implementing The Solution	1.0
PRB-1007 Assessing The Solution	0.9
PRB-1008 Avoiding Problem-solving Mistakes	1.8
PROGRAMMABLE LOGIC CONTROLLERS	
Programmable Logic Controllers	
PLC-1001 Introduction To Programmable Controllers	1.0
PLC-1002 Introduction To Digital Electronics	1.5
PLC-2001 Types And Functions Of Programmable Controllers	0.8
PLC-2002 General Structure Of Plc	1.4
PLC-2003 Physical Integration Of The Plc	1.3
PLC-2004 Internal Structure Of The Cpu	1.2
PLC-2005 Basic Concepts Of Plc Programming	1.6
PLC-2006 Common Plc Applications	1.7
PROJECT MANAGEMENT	
Project Management	
PRO-1001 What Is Project Management?	0.7
PRO-1002 Components Of A Project	1.0
PRO-1003 Initiating The Project	1.0
PRO-1004 Planning The Project	1.3

METALFORM TRAINING ANYTIME, ANYWHERE DU	Training Hours
PRO-1005 Executing The Project	0.8
PRO-1006 Monitoring And Controlling The Project	0.9
PRO-1007 Closing The Project	0.8
QUALITY	
Quality Systems	
QUA-1001 Introduction To Quality	1.4
QUA-1002 Iso 9000	1.1
QUA-1003 Standards Organizations	0.9
QUA-1004 Quality Organizations	0.9
QUA-1005 Basic Quality Roles And Responsibilities	1.0
Quality Management	
QUA-1006 Quality Concepts	0.9
QUA-1007 The Cost Of Quality	0.9
QUA-1008 Managing Quality	1.1
QUA-1009 Quality Documents	0.9
QUA-1010 Corrective And Preventive Action	0.8
Introduction To Statistical Process Control	
QUA-1011 Introduction To Spc	1.0
QUA-1012 Probability And Variation	1.8
QUA-1013 The Control Chart	1.2
Advanced Statistical Process Control	
QUA-2001 Control Chart Analysis	0.9
QUA-2002 Process Capability	1.0
QUA-2003 Problem Solving Tools	1.1
QUA-2004 Problem Solving	0.9
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METALFORM TRAINING ANYTIME, ANYWHERE DU	Training Hours
SAF-1013 Hazcom	1.4
SAF-1014 Hazardous Waste	0.7
SAF-1015 Hazard Material Storage	1.1
Workplace Safety	
SAF-1016 Work Area Safety	1.2
SAF-1017 Permit-related Safety	1.0
SAF-1018 Fall Prevention	1.3
SAF-1019 Ladder Safety	1.1
Electrical And Fire Safety	
SAF-1020 Electrical Safety	1.4
SAF-1021 Lockout/tagout	1.0
SAF-1022 Fire Safety	0.9
SAF-1023 Fire Extinguishers	0.9
Material Handling Safety	
SAF-1024 Material Handling Basics	1.0
SAF-1025 Powered Industrial Trucks	0.9
SAF-1026 Crane And Rigging Safety	1.3
Tool And Machine Safety	
SAF-1027 Hand Tool Safety	1.0
SAF-1028 Power Tool Safety	1. 1
SAF-1029 Sheet Metal And Compressed Gas Safety	0.8
SAF-1030 Machine Safety	1.3
SAF-1031 Safety Devices	1.0







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Six Sigma Analyze	
SIX-3016 Exploratory Data Analysis	1.9
SIX-3017 Hypotheses Test Basics	1.5
SIX-3018 Hypotheses Tests	2.7
Six Sigma Improve And Control	
SIX-3019 Design Of Experiments	1.3
SIX-3020 Spc	1.7
SIX-3021 Implement And Validate	0.8
SIX-3022 Control Plans	1.0
STRESS MANAGEMENT	
Stress Management	
STR-1001 Dealing With Stress	0.9
STR-1002 Coping With On-the-job Stress	0.9
STUDY SKILLS	
Using A Learning Management System	
STU-1002 How To Take A Course	0.2
Learning Online	
STU-1004 Tips For Succeeding In Online Learning	0.2
TEAM BUILDING	
Group Dynamics	
TEA-1001 Working In A Group	0.7
TEA-1002 Group Communication	0.9
TEA-1003 Effective Collaboration	0.8
TEA-1004 Life Stages Of A Team	0.9

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TEA-1005 Meetings	0.8
TEA-1006 Diversity	0.9
TEA-1007 Creativity	0.8
TEA-1008 Problem-solving	1.0
TEA-1009 Decision-making	1.0
TEA-1010 Conflict Management	1.4
TEA-1011 Leadership	0.8
TEA-1012 Virtual Groups	1.0
Building Effective Teams	
TEA-1013 Teamwork	1.5
TEA-1014 Team Building	0.9
Teamwork And Training	
TEA-1015 Team Development	1.2
TEA-1016 Team Problem Solving	1.1
TEA-1017 Training And Development	1.0
TIME MANAGEMENT Time Management	
TIM-1001 Managing Your Time	0.9
TIM-1002 Identifying Your Life Goals	0.9
TIM-1003 Making A List And Checking It Twice	0.8
TIM-1004 Planning Your Day	1.0
TIM-1005 Adopting Timesaving Strategies	0.8
TIM-1006 Getting Organized	0.8
TIM-1007 Ending Procrastination	0.8
TIM-1008 Taking Advantage Of Technology	1.0
LIF-1001 Identifying Your Life Goals	0.7
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Workforce Development Team

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Prior to joining PMA, Connie served as the director of professional development for Baldwin Wallace University, where she created and delivered original, competency-based learning programs for external organizations and the university. Connie also previously worked for the University of Akron as a manager of business solutions, where she developed and implemented internal and external organizational development programs, and created community, industry-based consortiums for assessing and satisfying skills demands.



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Prior to joining the PMA staff, Mary held positions as a program specialist for the Educational Center of Northeast Ohio and as an administrative program coordinator in the professional development department at Baldwin Wallace University.



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Scott joined PMA as technical training manager in June 2023. In this position, he performs onsite and in-house training sessions, webinars and workshops.

A tool and die maker by trade, Scott has more than 40 years of experience in the tooling, stamping and steel industries. Throughout his career, he has held numerous roles, including tool and die apprentice, tool and die maker, tool and die engineer, die estimator, senior sales and tooling engineer, sales account manager, director of strategic initiatives, director of manufacturing, and vice president of engineering.



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Dean Phillips joined PMA in May 2024. Prior to that, he was an innovation strategist/sales engineer with Link Systems in Nashville, TN.

For the past 32 years, Dean has been an active member of the forming and fabricating community. He held various roles with Niagara (later Clearing Niagara Bliss, CNB), Piranha/Allsteel, Tennsmith and SEYI Presses. Dean was an advisor to SMART manufacturing and international director with SME. He also has been an advisor to the PMA safety committee and a contributor to *MetalForming* magazine.



